

SCOPA 119th Annual Meeting
August 20–22, 2026

Westin Hilton Head Island Resort & Spa
Two Grasslawn Avenue, Hilton Head Island, SC 29928
Phone: 843-681-4000

Continuing Education: 18 Hours of COPE CE Available



Thursday, August 20, 2026
7 Hours of CE Available

Featured Speaker: Dr. Meghan Elkins

Time	Session
6:30 AM – 7:30 AM	Breakfast
7:30 AM – 9:10 AM	<i>The Opioid Epidemic: Drug Diversions & Prescribing Risks for Optometric Physicians (pending)</i>
9:10 AM – 9:30 AM	Break
9:30 AM – 10:20 AM	<i>Understanding Carotid Ultrasound (103877-SD)</i>
10:20 AM – 10:30 AM	Break
10:30 AM – 11:20 AM	<i>Sleep Apnea Crash Course (pending)</i>
11:30 AM – 12:30 PM	SCOPA Business Meeting & Election of Officers*
12:30 PM – 2:15 PM	Exhibit Hall Grand Opening Luncheon
2:15 PM – 3:05 PM	<i>The Ocular Disease Match Game (pending)</i>
3:05 PM – 3:15 PM	Break
3:15 PM – 4:05 PM	<i>The Grandest Grand Rounds: My Three Favorite Cases? (103879-TD)</i>
4:05 PM – 4:15 PM	Break
4:15 PM – 5:05 PM	<i>Clinical (Faux) Pearls (pending)</i>
5:05 PM	Educational Sessions Conclude
5:00 PM – 6:45 PM	Wine & Cheese Reception – Exhibit Hall

*SCOPA members may earn an additional hour of CE credit by attending the Business Meeting (not COPE approved). The Exhibit Hall remains open to non-SCOPA members during this time.

Friday, August 21, 2026
6 Hours of CE Available

Featured Speaker: Dr. Marc Bloomenstein

Time	Session
7:00 AM – 8:00 AM	Breakfast
8:00 AM – 9:40 AM	<i>Out with Hackneyed & In with Neveaeued: Looking for Different Eyecare Treatments & Diagnoses (pending)</i>
9:40 AM – 9:50 AM	Break
9:50 AM – 10:40 AM	<i>MGD and Demodex Management: The Missing Link (100044-TD)</i>
10:40 AM – 10:50 AM	Break
10:50 AM – 11:40 AM	<i>When the Lid Lesion Makes You Say Hmmm (103143-TD)</i>
12:00 PM – 2:00 PM	Exhibit Hall Open & Lunch Provided
2:00 PM – 3:40 PM	<i>Ocular Surface Disease: Diagnosis, Treatment and Real-World Patient Communication (104632-TD)</i>
3:40 PM	Educational Sessions Conclude
4:30 PM – 6:30 PM	SCOPA President’s Reception Live music, cocktails and hors d’oeuvres provided.

5 Hours of CE Available

Time	Session
6:30 AM – 7:30 AM	Breakfast
7:30 AM – 8:20 AM	<i>Functional Testing in Ocular Disease</i> (102501-GO)
8:20 AM – 8:30 AM	Break
8:30 AM – 9:20 AM	<i>Nutrition and Neuroprotection in Athletes: New Evidence on Visual and Brain Health</i> (101569-NO)
9:20 AM – 9:30 AM	Break
9:30 AM – 10:20 AM	<i>The Role of Nutrition in Chronic Ocular Disease Management</i> (102505-PH)
10:30 AM – 10:45 AM	Break
10:45 AM – 11:35 AM	<i>Understanding Metabolic Syndrome: An Optometrist’s Guide</i> (102503-SD)
11:45 AM – 12:35 PM	<i>Optometrists CAN Treat AMD! Case Studies from One Year on the Front Lines</i> (102508-TD)
12:35 PM	SCOPA 119th Annual Meeting Adjourns

Continuing Education Summary

Day	CE Hours Available
Thursday	7 Hours
Friday	6 Hours
Saturday	5 Hours
Total	18 Hours

Speakers



Dr. Meghan Elkins is a staff optometrist at the Hershel “Woody” Williams VA Medical Center in Huntington, West Virginia. A 2010 graduate of Southern College of Optometry, she completed a Primary Care Optometry residency at the Salem VA Medical Center in Virginia before joining the VA. She became a Fellow of the American Academy of Optometry in 2012 and a Diplomate of the American Board of Optometry in 2024. Dr. Elkins has lectured nationally and served in leadership roles within the American Optometric Association, including Chair of the Strategic Communications Committee. A Past President of AFOS, she has received multiple honors, including the 2025 VA OD of the Year and 2025 AFOS OD of the Year awards. Her favorite hobbies include skiing, golf, chess, painting, and scleral depression.



Dr. Marc Bloomenstein earned a Biology degree from the University of California, Los Angeles in 1990 and received his Doctor of Optometry degree from the New England College of Optometry in 1994. He completed a residency in secondary ophthalmic care at the Barnet Dulaney Eye Center in Phoenix, Arizona. Dr. Bloomenstein became a Fellow of the American Academy of Optometry in 1998 and is a founding member of the Optometric Council on Refractive Technology. He currently practices at the Schwartz Laser Eye Center. A nationally recognized lecturer and author, he has published extensively on anterior segment and refractive topics. He serves on the editorial boards of Primary Care of Optometry and Contemporary Optometry and has held leadership roles within the Arizona Optometric Association and the Arizona Optometric Charitable Foundation.



Dr. Tim Earley is a 1998 graduate of the Pennsylvania College of Optometry. He is currently practicing at Regional Eye Associates in Western Maryland, an OD/MD group practice. Dr. Earley has a special interest in the diagnosis and management of dry eye disease, age-related macular degeneration, diabetic retinopathy, and other diseases of the retina. He is a national lecturer, educator, consultant, and presenter on numerous optometric topics from surgical co-management, practice management, and ocular disease to presbyopia correction. When not consulting or treating patients, Dr. Tim enjoys spending time outdoors with his family and friends.